

# Your Legacy Choices

## Ensuring Your Intentions

Estate planning is often a sensitive subject; one that many people continue to postpone or avoid altogether, leaving their true intentions unknown.

There are also the misconceptions that estate planning is only for the elderly or the wealthy.

So, what exactly is an estate plan? Simply defined, it's the process of thoughtfully providing for the efficient transfer of your assets to your family and other loved ones in accordance with your wishes.

It typically begins with the writing of a will but may also involve trusts, naming beneficiaries of retirement accounts, selecting guardians, and providing for your favorite charities, to name a few.

Estate planning can also be about your legacy. It's an opportunity to do something special for the charitable organizations that played an important role in your life. It's about thinking forward and impacting the future.

As you develop or update your plans, we encourage you to think about your legacy and how a gift, at any level, has the ability to impact the delivery of health care for the next generation.

### For more information, contact us

The Malignant Hyperthermia Association of the United States (MHAUS)  
1 North Main Street, Sherburne, NY 13460-1069  
Tel: 607-674-7901

*Charitable Solicitation Disclosures can be found on our website at [www.mhaus.org](http://www.mhaus.org)*

The most popular and easiest way to leave a charitable legacy is through your will. Known as a bequest, this forward-thinking gift has several potential benefits.

- **It's Simple.** Typically, all it takes is one sentence in your will or trust.
- **It's Versatile.** You can leave a specific dollar amount, a percentage of your estate, or the remainder of your estate after providing for your loved ones.
- **No Immediate Cost.** Your gift will not affect your current cash flow and always allows you to maintain control of your assets.
- **Specific Impact.** Your gift can be designated to a specific area of interest such as the MH Hotline or Genetic Testing.
- **You Can Change Your Mind.** You can adjust or revoke your gift as circumstances may change.

**Website:** [www.mhaus.org](http://www.mhaus.org)

**Tel:** 607-674-7901  
or 800-986-4287

**Fax:** 607-674-7910



## YOUR WILL/LIVING TRUST

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## THE POWER OF YOUR IRA

### GIVE NOW

If you are 70½ or older, and have a traditional IRA, you are required to take minimum distributions every year. But did you know that these distributions can also be a tax-smart way to continue your support of MHAUS' lifesaving efforts?

### How it Works

- Transfers, up to \$100,000 count toward your required minimum distribution for the year in which you made the gift.
- IRA charitable gifts are excluded from gross income for federal income tax purposes.
- Transfers must be made directly from a traditional IRA account by your IRA administrator to a qualified charity.

### Designate

In most cases, charities such as the *Malignant Hyperthermia Association of the United States (MHAUS)* can be designated as a partial beneficiary of your retirement account. It's simple, allows you to share assets with family and/or a charity, and you can always change your mind.



### Need more information?

1. *Visit:* [mhaus.org](http://mhaus.org)
2. *E-mail:* [dianne@mhaus.org](mailto:dianne@mhaus.org)
4. *Call:* 607-674-7901

*Intended as general information only. Please consult your own tax, legal or financial advisor prior to making any gift.*

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## THREE WAYS TO GIVE ASSETS

### RETIREMENT ASSETS

When you name the Malignant Hyperthermia Association of the United States (MHAUS) as a beneficiary of your retirement account, you avoid the double taxation of federal estate and income taxes. It's the most cost-effective gift you can make and allows you to leave the other, less heavily taxes assets to your loved ones.

### LIFE INSURANCE

Insurance policies that have outlasted their original purpose provide a great way to continue your legacy of patient safety support. You can make the Malignant Hyperthermia Association of the United States a beneficiary on your life insurance policy or you can sign over a fully paid policy.

*The Malignant Hyperthermia Association of the United States is a 501(c)3 nonprofit organization. Our federal tax identification number is 06-1076301.*

### STOCK

You can support malignant hyperthermia research focused on finding answers to why MH continues to suddenly appear and threaten patient's lives, continuation of the MH Hotline and ongoing education to assure healthcare professionals are trained to quickly treat MH and thus, save their patient's life! At the same time, you will enjoy tax benefits when you make a gift of stock to MHAUS.

By making a gift of appreciated securities, you can avoid capital gains tax. The stock contributed must have been held by you for more than 12 months for you to receive the greatest tax savings.

Please let us know that you are making a give of stock and provide the following information so we can track the transfer and account for it properly. We also need this information to provide you with a receipt for your taxes.

Brokerage house:

Name of security (stock name):

Number of shares:

Name of donor (if possible):

Broker name and phone number:

Date of Transfer(s) of stock:



# Your Legacy Choices

## For Wire Transfers of Cash

Please use the following information when making a donation via bank wire transfer:

**Beneficiary:** Malignant Hyperthermia Association of the United States (MHAUS)

Account #:

## Domestic ACH/Wire Transfers:

ACH ABA Routing/Transit #:

## Wire Transfer ABA Routing/Transit #:

Bank Name:

Bank Address:

## International Wire Transfers:

Wire Transfer ABA Routing/Transit #:

Swift Code:

Bank Name:

Bank Address:



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